

Lesson Plan – B. A. Initial Course

Title: B. A. Initial Course		Aim: To provide students with the opportunity to practise firefighting techniques with minimal fire loading. Learning Outcomes: ▪ Correct door procedure ▪ Correct branch techniques including gas cooling ▪ Correct teamwork between No. 1 & No. 2.		
Date:				
Theme: Attack 1 – Fire development Control ,Advance ,Attack				
Time	Tutor Activity	Student Activity	Resources	Assessment
5 mins	▪ Introduction ▪ Identify Training Need – <i>Why?</i> ▪ State Aim ▪ State Learning Outcomes	▪ Listen ▪ Observe ▪ Dressed in complete P.P.E.	▪ Classroom ▪ IT & Laptop	N/A
30 mins	Deliver Attack 1 Safety Brief – ▪ Listen to & respond immediately to ALL commands from Instructors ▪ All fit and well...? ▪ Are you taking any medication we should be aware of ? ▪ Remove all jewellery ▪ Fire kit in good order / under garments dry and Service issue ▪ Check water supplies, test branches ▪ Only enter when instructed to do so ▪ Observe ALL instructions ▪ If you feel too hot, Inform Instructor & withdraw together. ▪ Do not over tighten B.A. Set harness ▪ Be alert for the effects of heat on the body ▪ If you are working in heat, do not remain in contact with hot surfaces ▪ You must have at least 250 bar after testing	▪ Ask questions where necessary ▪ Confirm they understand the safety brief	▪ As above	Q & A

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	set ▪ Report all injuries immediately ▪ Hydration & Re-hydration ▪ Radial cooling ▪ Students are required to lower the branch between a series of pulses to prevent fatigue during Gas cooling ▪ Whilst wearing the BA set and a malfunction occurs, remain calm, stay still and the instructor shall deal with the situation ▪ If the Bodyguard Pre-alarm sounds, assume it is yours and move ▪ If the Bodyguard Full Alarm sounds, stay still, the instructors will deal with the situation ▪ Prior to the exercise personnel are to ensure they are Warmed-Up to prevent any injuries. ▪ Describe the container layout			
120mins	Practical Session Demonstrate branch techniques, door procedure Demonstrate exercise. Gaining entry to fire compartment, assessing then controlling the fire, making progress towards the fire, extinguishing and exiting compartment in a safe manner. Instructors will follow, monitor and guide students when they enter compartment. Carry out a debrief with students Service and clean equipment End of day Admin	Practice branch techniques, door procedures and use of TIC. Students will carry out exercise as demonstrated by instructors. Rotating until all have been Number 1 and 2 Service and clean equipment End of day Admin	Fire kit / BA Sets and ancillary equipment. 2 fire appliances	Q & A
60mins				