

Travel Plan for the Occupants of The Dynevor Arms, Dynevor Terrace, Pontardawe, SA8 4HX.

For a greener and more sustainable future, the occupants are encouraged to walk, cycle, and take public transport where possible. If a car is needed for a journey, please car share where possible.

Pontardawe is both a town and a community in the Swansea Valley in Wales. With a population of 6,800, it comprises the electoral wards of Pontardawe and Trebanos. A town council is elected. Pontardawe forms part of the county borough of Neath Port Talbot.

Nearest Train Stations

Skewen Train Station.

It is located below street level at Station Road in Skewen, 210 miles (338 km) from London Paddington (via Stroud). It is a stop on the South Wales Main Line, served by Transport for Wales Swanline regional trains between Swansea and Cardiff, which typically run every two hours. There is no Sunday service.

Distance 7-8 miles

It can be reached by cycle and would take less than 48 minutes.

By car / taxi 16 minutes.

Ammanford Train Station

It is 12 miles (19 km) north of Swansea on the Heart of Wales Line. All trains serving the station are operated by Transport for Wales. There are four trains a day to Shrewsbury northbound from Monday to Saturday (plus a fifth to Llandovery) and five southbound to Llanelli and Swansea (the first train in each direction does not run on Saturdays); two services each way call on Sundays. Northbound trains must stop here in order for the train crew to activate the controls for the half-barrier level crossing, but for southbound trains it is a request stop.

Distance 10 -11 miles

It can be reached by cycle and would take less than 60 minutes.

By car / taxi 24 minutes.

Llansamlet Train Station

The station is located below street level at Frederick Place in Peniel Green, 212 miles (341 km) from London Paddington (via Stroud). It is served by local trains operated by Transport for Wales on the South Wales Main Line between Swansea and Cardiff.

The station has two (offset) platforms:

- **Platform 1**, situated east of the Frederick Place overbridge, is for westbound trains towards Swansea
- **Platform 2**, situated west of the bridge, is for eastbound trains towards Cardiff Central

As the station is unmanned, passengers boarding must buy their tickets on the train. There is a free car park for rail passengers. Waiting shelters, timetable poster boards and digital CIS displays are provided on each side. Step-free access is available via ramps to both platforms.

Distance 6-7 miles

It can be reached by cycle and would take less than 38 minutes.

By car / taxi 13 minutes.

National Train Enquires

Primary Telephone Number 03457 48 49 50 and 0800 022 3720

A National Rail Map is Attached for your convenience.

Ticket Office Opening Hours

Monday to Saturday 06:45 – 7:15 and 08:30-11:30

Sunday Closed

Major Shopping Centre

The Main Centre is centred around High Street and Herbert Terrace which includes a Pharmacy, Dental Clinic, Post Office, Bakeries, Gift shops, Hairdressers, Public Houses, Restaurants and Takeaways are 0.3 to 0.4 miles south-east .

They can be reached by cycle and would take 3 to 6 minutes.

Walking will take 4 - 9 minutes.

By car / taxi 3 minutes.

Pontardawe Retail Parc is located south-east of the property: On the site there is a Tesco Super Store, Lidle, Argos, Home Bargains and Farmfoods.

The above can be reached by cycle and would take 5 minutes.

Walking will take 9 minutes.

By car / taxi 6 minutes.

Bus Stops

Bus stops can be found on James Street and High Street less than a two minute walk. The number 26 bus will take you to Swansea.

Taxis

Local cab companies:

Taxi Services are situated in High Street and Herbert Street – Pontardawe Taxis 2008 Limited Tel: 01792 865560 and A&M Taxis Limited – 0192 830241 other taxi companies are available close to the property.

News Agents, Convenience Store and Post Office.

All of the above are located on the High Street and less that a two minute walk.

Health Centre

Pontardawe Health Centre is located on Tawe Terrace and is 0.4- 0.8 miles to the east of the site.

It can be reached by cycle and would take 4 minutes.

Walking will take 9 minutes.

By car / taxi 3 minutes

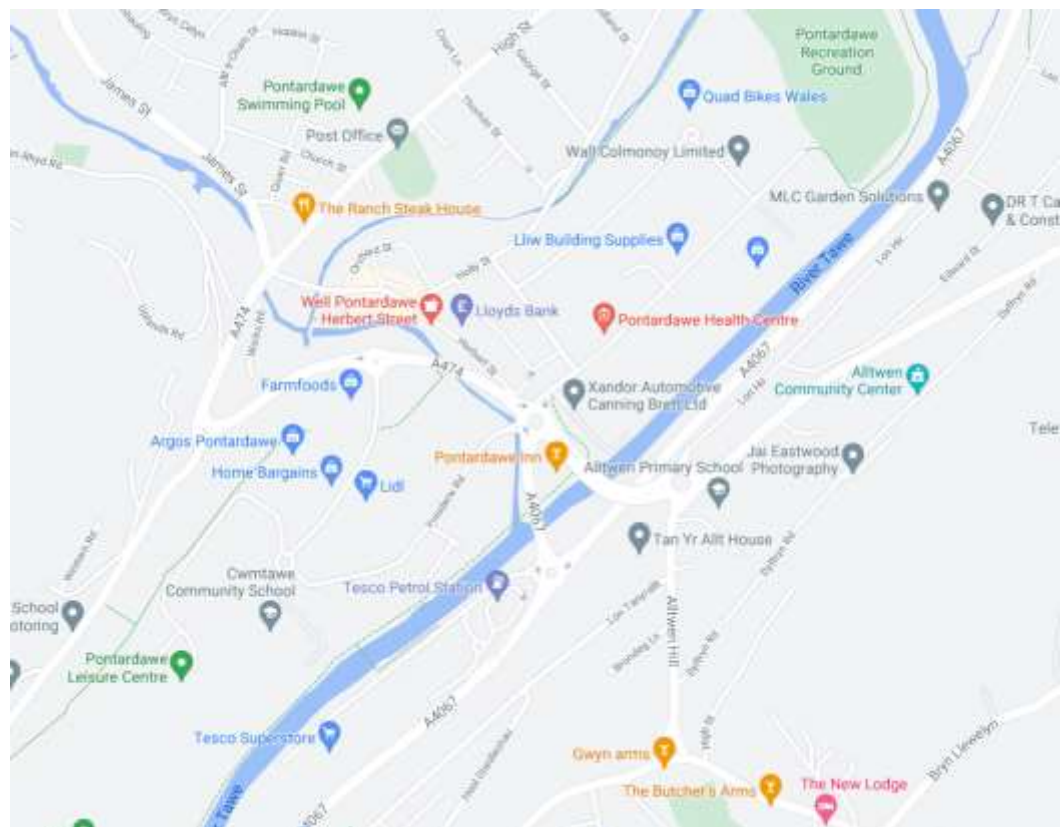
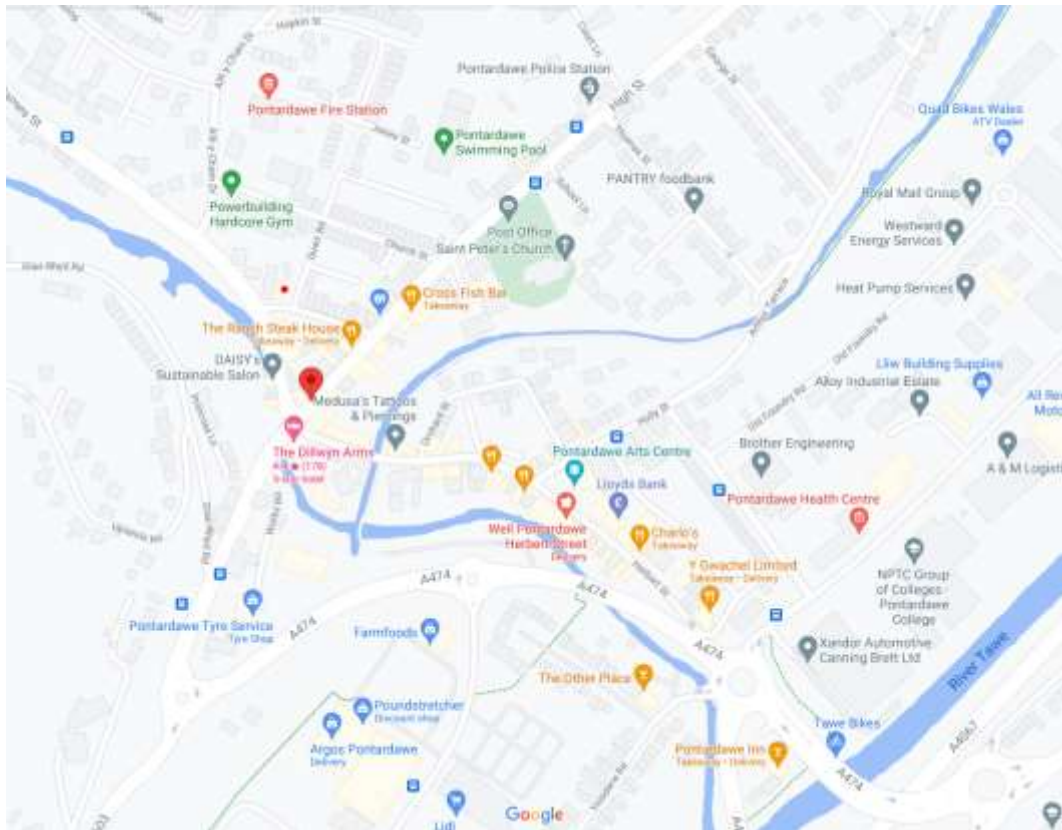
Police Station

The Police Station is located on the High Street to the north-east of the site

It can be reached by cycle and would take 4 minutes.

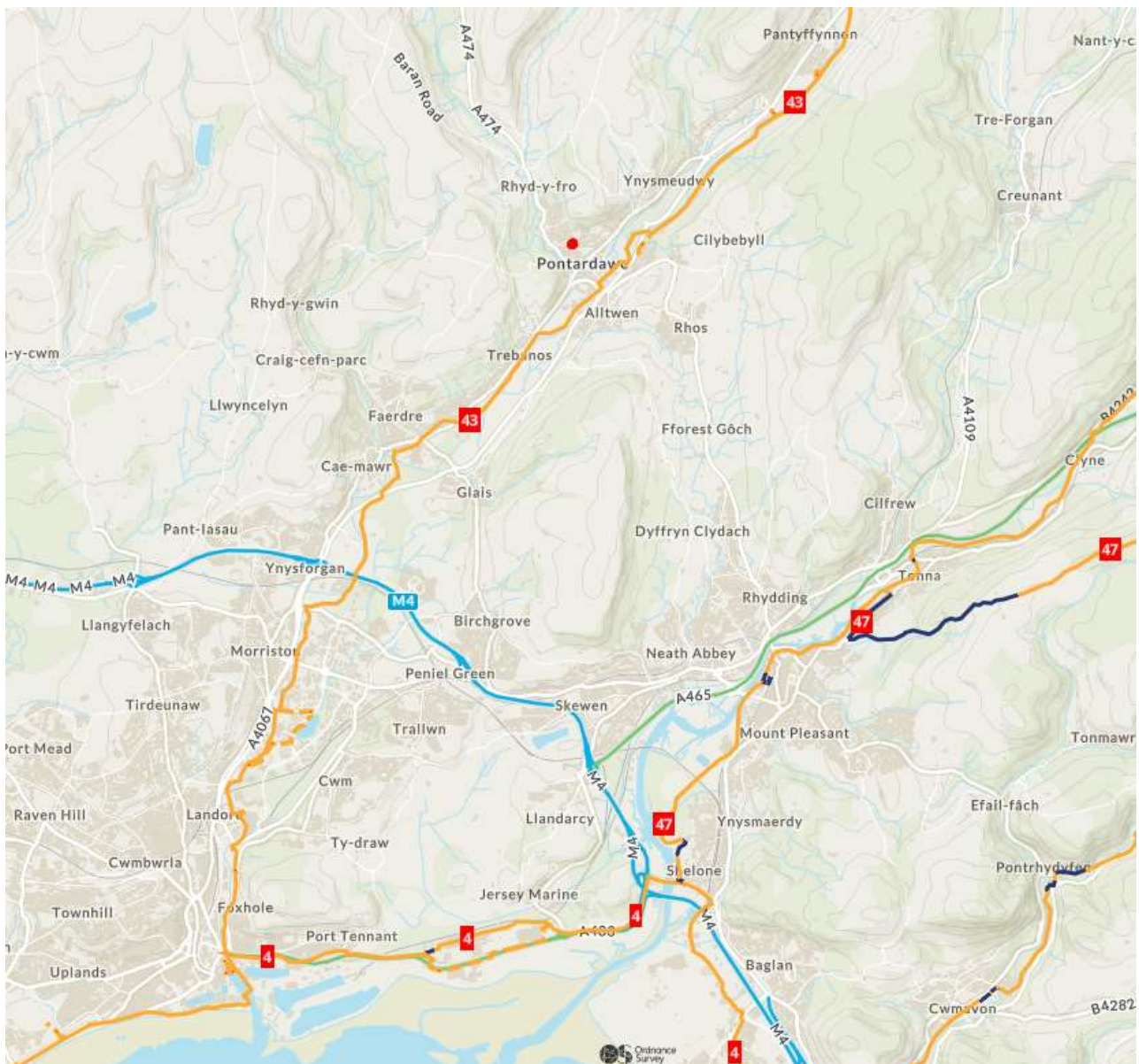
Walking will take 9 minutes.

Street Maps of Pontardawe



The National Cycle Routes 4, 43 & 47

Route 47 runs from Newport to Fishguard and forms part of the Celtic Trail West and can be found 5 miles to the north-west of house and can be accessed from the National Cycle route 43 to the south. See plan below.



Route Details

Route 43

Distance: 32 miles

Swansea to Clydach

Following a mixture of riverside paths, new purpose build sections and old railway lines, this route provides a green strip through the industrial heart of the Swansea Valley. From the route, it is possible to see some of the valley's industrial past, while at the same time the route showcases its regenerated present. The ride begins in the re-developed marina, running alongside the Tawe and taking you up past the Morfa Retail Park and the Liberty Stadium.

Clydach to Ystalyfera

This is a very gentle 6.5-mile ride along canal towpath and old railway, following the valley floor from between two of the major Swansea Valley towns. Starting from Coed Gwilwm Park, the route picks up the canal towpath and takes you into the heart of Pontardawe. Moving away from the Canal and following the riverbank, you find your way onto the old railway line. This takes you through woodland alongside the river before emerging on the edge of Ystalyfera. The ride can be halved in length if you stop in Pontardawe, while it can also be extended by riding in the opposite direction. If you are feeling particularly energetic it is possible to ride from Ystalyfera to Mumbles almost entirely on traffic-free paths.

Ystradgynlais to Coelbren

There is a short gap in the route after Ystalyfera but then the route continues to Coelbren.

Route 47

Route 47 runs from Newport to Fishguard and forms part of the Celtic Trail West which runs from Chepstow to Pembrokeshire. From Fishguard the route takes you inland through the Pembrokeshire Coast National Park and onto Carmarthen, Llanelli, and Swansea. The route then takes you into Newport and onto the famous Transporter Bridge where Route 47 links to Route 4.

Route 4 is a fantastic long-distance cycling adventure. The route stretches east to west from London to Fishguard. It takes you from the busy capital city to the green countryside of west Wales. On the way you'll pass several gorgeous areas. These range from the Georgian grandeur of Bath, the only UK city designated a UNESCO World Heritage Site, to the 13th century medieval fortification of Caerphilly Castle in south Wales.

There are lots of railway stations along the route, which makes it easy to enjoy smaller sections, or to complete the whole route across a series of trips.

In England, you'll start at UNESCO world heritage site of Greenwich. From there the route follows the Thames as closely as possible, passing Tower Bridge and London's South Bank before reaching the expansive Richmond Park and Windsor Great Park.

Route 4

Route 4 gives you a fascinating glimpse into Britain's past as you cycle along stretches of calm canal side. Between Reading and Bath you'll follow the Kennet & Avon Cycle Route, much of which is on canal towpath. This canal has a fascinating history and was lovingly restored by local volunteers after it fell into disrepair.

After you pass Bristol, you'll cross into Wales. A highlight of this section is crossing the River Severn high on the Severn Road Bridge. In Wales sections of Route 4 follow the Celtic Trail East and Celtic Trail West.

The Celtic Trail East travels right into the heart of the South Wales Valleys, following many of the very same railways, tram roads and towpaths that once transported the raw materials of the industrial revolution. It offers a fantastic mixture of traffic-free rides and challenging adventures. The route takes in breath-taking Valleys landscapes and brilliant historic and natural attractions including Chepstow, Caldicot and Caerphilly Castles and Newport Wetlands.

Once you get into west Wales some sections of the route are very hilly. This makes the journey more challenging, but you're rewarded with beautiful views across the rolling Welsh countryside. On your way to Fishguard you'll pass St David's, Britain's smallest city. St David's is the final resting place of its namesake, Wales's patron saint, and has fewer than two thousand residents. It's a delightful place to visit, particularly in the summer when you can visit its nearby beaches in the hopes of spotting seals.

When you reach your end destination of Fishguard you have the opportunity of taking a train home or of hopping on a ferry to Ireland to continue your adventure.

Further details can be found on the internet www.sustrans.org.uk.

